



Comtrea Administrative Board Meeting

February 11, 2013

7:30 AM Breakfast

Members Present: Mark Mertens, Martha Maxwell, Kathryn Ellis, Jerry Rogers, Stan Stratton, Ann Portell, Forrest Wegge, and Dr. Mindy Selsor.

Staff Present: Dr. Stephen Huss, Tracy Wiecking, Margo Pigg, Jan Freeman, Amy Rhodes, Deborah Tumulty, Katy Murray, and Sandra Miget.

- 8:00 AM
- The meeting was called to order at 8:00 a.m. by Board Chair Mark Mertens.
 - Ann moved and Kathy seconded to approve the January minutes. Motion carried.

Items	Discussion	Decision	Person Responsible
I. Fiscal.			
	<p>Dr. Huss discussed Comtrea's financial situation.</p> <p>We have a new sliding scale fee required by the Federal Government.</p> <p>Amy said the Federal guidelines change every year and are updated every January. She said the poverty level is adjusted.</p>	<p>Martha moved and Ann seconded to approve the financial report. Motion carried.</p> <p>Jerry moved and Kathy seconded to approve the sliding scale. Motion carried.</p>	
II. FQHC Update.			
	We will expand services when we get more space. We need more doctors.		
III. QA/QI.			
	<p>Staff credentialing is ongoing.</p> <p>The semi-annual Client Satisfaction Survey will be conducted from February 18 through February 22.</p>		

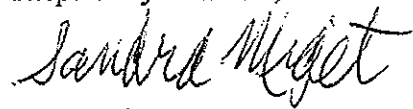
	<p>We are now developing the Strategic Plan and the budget for FY 2014. We are waiting on some of this because of the change of scopes.</p>		
<p>IV. Governor's Round Table.</p>			
	<p>The Governor's Round Table was held February 6. Governor Nixon announced what he is trying to do for mental health services. He is getting ready to go around the state to talk with various leaders. He said Comtreia is the best mental health center in the country. Keith Schafer said he is please to start in Arnold because the state will look at Comtreia as a model.</p> <p>Nixon is focusing on dealing with mental health issues. It has been 15 years since DMH did anything significant. DMH used to get 7% of the state's income. Now DMH gets less than 3% of state's income. Half of the new money will go towards increased capacity.</p> <p>He has proposed to put \$10.1 million into the mental health budget. Put enough money in every district for a liaison in every hospital and school. \$5 million will go to agencies. We might get \$225,000 for services through the POS system.</p> <p>Mental First Aid concerns school safety and attacking stigma issues. The recommendation is that a Mental Health First Aid course be given to first responders. Most school staff cannot take off two days for this training. Stan said it makes more sense to have school counselors and nurses take the training. Dr. Huss said we have two staff here who are qualified to teach that training, and there are two others in the county. There is a modified program to train children. Mindy asked about online training. Dr. Huss said it has been considered but he's not sure there has been any movement towards that.</p> <p>We will try to follow up with Jefferson County legislators. We may have to go to Jefferson City to meet with them. We need to work towards the expansion of Medicaid. We are going to be able to deal with patients through FQHC. Hospitals need a place to send patients who don't have insurance coverage.</p> <p>Mark asked if the Executive Council is willing to go to Jefferson City. We will talk and decide what day.</p>		

V. Public Name.			
	Dr. Huss said we need to decide what to call ourselves.	The board will give some thought to it.	
VI. Bridle Ridge.			
	<p>We have an oral approval to provide funding for the equine therapy program. If we get the additional \$200,000 plus the change of scope, we will be making money.</p> <p>Dr. Huss met with the Chiefs of Pediatrics at Cardinal Glennon and SLU. They are making a proposal to their Department of Development to build a wing or independent site. They want to send pediatric interns to our agency through SLU. At our open house March 23 they will bring their poodle, Higgins.</p> <p>The amount budgeted for Bridle Ridge needs to increase so we can do some prep work on the road, bathrooms, barn renovations, fencing, and the house. A barn wall needs to be repaired. For the road, concrete is cheaper than asphalt.</p> <p>Jerry said if we are going to have the site completed for the March 23 event, we will need to spend \$700,000 instead of the originally approved amount of \$350,000. He said things need to fall in place nicely (including the weather) for this to be finished by then. A gas pipe runs down the middle of the road. Laclede gas has to shut that off and move it. When it is shut off, Diane will have no heat, so we'll have to put a propane tank there and retrofit her furnace so she will have heat.</p> <p>Dr. Huss showed an arial view of the trees that need to be removed. They are really overgrown scrub trees. We need more pasture space for the horses.</p> <p>In the fall we will have a volunteer dinner for those who have volunteered out there.</p> <p>Jerry said HR did a really good job of hiring our "wrangler" Gene. Board members asked HR to pass on an "Atta a Boy" to Gene from them.</p> <p>Jerry said to urge board members to be here for the March meeting because we have requested qualifications from engineers and architectural firms. Jerry, Cliff, and Tracy will be reviewing those. They will whittle them down to four or five and come to the board meeting next month with names of those companies so that we choose the architect firm and engineer. Dan is</p>	<p>Ann moved and Kathy seconded to approve the \$700,000 amount. Motion carried.</p>	<p>Jerry/Cliff/ Tracy</p>

VI. Bridle Ridge. (Cont'd.)	<p>advising us up to the point of actually choosing. Mark Mertens will also be there. Next month you are going to choose someone who will be with us for 2 or 2 ½ years.</p> <p>Dr. Huss said the committee has done a great job. So far they have chosen only Jefferson County companies.</p>		Board Members
VII. Facilities' Work.			
	<p>The Valley Clinic permit has been received.</p> <p>At Festus the second floor offices are close to being finished. We still need to put in the steel support beam. Cost of the beam etc. is about \$30,000.</p>		
VIII. Community Development/Fund Raising.			
	<p>CAC Sweetheart Dance, Washington, February 23 Wine & Cheese Celebration, Bridle Ridge, March 23 CAC Cowboy Dance, Farmington, April 13 A Safe Place Fashion Show, South County, April 21 Air Show, Bridle Ridge, Memorial Day weekend, tbd???</p>		
IX. Board Related Issues.			
	<p>Amy said by June we should have chosen new board members as required by FQHC standards for 51% consumers.</p> <p>Mark said we received only eight applications and asked if board members could be available to talk with applicants. He said Ken asked if we could go through the membership and recommend terms.</p> <p>It was decided to meet Tuesday, February 19, at 6 p.m. in the Arnold Project Room.</p>		
X. Closed Session.			
		Kathy moved and Ann seconded to go into closed session. All responded yes. The meeting went	

		into closed session at 8:54 a.m.	
XI. Reopening and Adjournment.			
		Closed session ended at 9:14 a.m. It was moved and seconded to adjourn. Motion carried. Meeting was adjourned at 9:15 a.m.	
XII. Next Meeting.			
	Dr. Huss announced the board retreat will be June 15 in the Arnold office. The next meeting will be March 4 in the Festus Annex. Dinner will be available at 5:30 p.m., and the meeting will begin at 6 p.m.		

Respectfully submitted,



Sandra Miget
Executive Secretary



Kathryn Ellis
Board Secretary